Sheilah McGlone, RN, CCM
CMSA Foundation Director

CMSA Foundation is pleased to introduce you to Sheilah McGlone from Warwick, NY. She joined the board in July 2018.

Tell us about your first involvement with the CMSA Foundation? I have been aware of the CMSA Foundation through my friend and mentor, Peggy Leonard, since approximately 2010. I was able throughout the years to promote awareness of the “CMSA Foundation” through my active leadership roles within my local chapters. I always reminded case managers of the many different reasons and opportunities to donate including special holidays, in memory of a loved one, Case Management Week, and many other important or heartfelt occasions! I am now a member of the Board of Directors and have learned so much more about the goals, mission, and purpose of the CMSA Foundation. Educating our membership is now one of my primary goals.

What other volunteer roles do you hold with CMSA Foundation or CMSA? Peggy Leonard introduced me to CMSA in the late 1990s. I then became very involved within my local Hudson Valley Chapter and soon assumed several leadership roles, including President, Treasurer, Educational Chair, Public Policy Liaison, and Board member. I also helped to create a much-needed chapter in the NY Capital Region. At the CMSA national level, I was fortunate to be selected as a volunteer to work on the CMSA Awards Committee and as a CMSA Communities of Practice Facilitator. Over the years, I have been chosen to participate in numerous case management focused presentations at the CMSA National Conferences. Being part of CMSA continues to be a wonderful educational and rewarding experience that has helped me to grow as a case management professional and educator. I am currently an active member of the Hudson Valley CMSA Board of Directors. The networking and establishment of lasting friendships with my CMSA colleagues are unsurpassed. I am honored to be appointed to the CMSA Foundation Board.

What is your first memory of the CMSA Foundation, and what surprised you most about working with the Organization? I made a somewhat impulsive career change decision in my life many years ago by heading to a Medicaid Managed Care Plan and “luck” came my way. As Hudson Health Plan expanded, new leadership arrived. I was so fortunate that Peggy Leonard, a pioneer in the world of case management, would oversee my small case management department. She was my trailblazer who introduced me to CMSA. My first memory of the CMSA Foundation was when Peggy introduced me to the organization around 2010. I remember her energy and drive as she led the fundraising auction at the CMSA National Conference. She was “electric” and the sparks filled the room as the local chapter donation competition began. It was certainly an event to remember. I am very surprised that that our members are still unaware of the mission of the CMSA Foundation and the opportunities available to promote the practice of case management. As a new Board Member, I was amazed at the current behind the scenes team work among our leadership and Board Members. We have a group of diversified experts all working together for the common goal of a successful foundation.

What do you wish other people knew about the Foundation, that they may not be aware? As mentioned by my other CMSA Foundation leaders, I wish that our membership was aware of the vision and mission of our organization. It has become apparent to me that case managers are not aware that we are a charitable not for profit organization founded by “case managers for case managers” that offers educational opportunities to promote our profession.
When friends and colleagues find out that you volunteer with the CMSA Foundation, what do they say or ask? When my friends and colleagues find out that I volunteer with the CMSA Foundation they ask simple questions: “what is the organization all about, what do you do and how it is funded?”. They are very surprised at all of my answers.

What does your life look like outside of your volunteer work? The circle of life can change one’s course. In 2014, I left the chaotic but rewarding life as a Sr Director of CM in the world of Medicaid Managed Care. Outside of my volunteer role, I am enjoying my second act working as an independent Case Management Consultant and Trainer and am getting ready to pound the pavement to help battle the stigma of addiction and the opioid crisis in my area through the case management process. It is an amazing experience training folks working the front line of healthcare. I love to travel but I also enjoy decorating, spending time with my great nieces and nephews, and having fun playing with my wonderful Border Collie, Teddy; and two cats, Fifi and Ernie. My daughter Bonnie-Jean is a Special Education Teacher who lives with me in Warwick, NY.

What might someone be surprised to know about you? You might be surprised to know that I once had a very successful home decorating business but was encouraged by a great home care nurse caring for my mother to become a Registered Nurse. I was a 33 year old wife, mother of two children, who became a new graduate nurse. I have also become a pretty handy person around the house and am able to diagnose and fix many of those little things that break down!

I must tell a funny surprising story related to a CMSA Foundation raffle experience. I was so excited a couple of years ago thinking that I won the trip to Hawaii only to discover that there was another Sheilah in the National Conference Expo Hall. Can you imagine?! I still laugh about it to this day!

Want to get to know more about Sheilah’s involvement with the Foundation? Feel free to contact her at smcg lone@optonline.net